

# Summer Indoor Volleyball @ LAVA North (Santa Clarita) For Girls Ages 08-18

## LAVA NORTH

### SUMMER OFFERINGS (2019)

#### Bi-Weekly Workshops ... For Rising Grades 05-12

Each session runs **Tuesdays & Thursdays** @ North Facility. \$30 per session (both days).  
Grades 05-09 ... **9:00am-10:30am** (all weeks). Early drop-off available starting 8:30am.  
Grades 10-12 ... **10:30am-12:00pm** (weeks #04-#06 only).

**#1 – June 11 & 13** (Skills Workshop I) ... **#2 – June 18 & 20** (Skills Workshop II)  
**#3 – June 25 & 27** (Pass-Transition-Hit) ... **#4 – July 9 & 11** (Passing & Hitting)  
**#5 – July 16 & 18** (Let's Compete I) ... **#6 – July 23 & 25** (Let's Compete II)

#### Freshman Friday Fever ... For Rising Grades 09

Skills training and open gym play for freshmen only! Help prep for high school with technical feedback from our coaches and competition with other freshmen! Runs **Fridays 9:00a-11:00a, 6/14- 7/12**. \$10 per day. Sign up online or walk in and play!

#### Pre Tryout Clinics ... For Rising Grades 9-12

This is a great opportunity to work on the skills before August 3<sup>rd</sup> club tryouts. The coaches will also give you some helpful tips on how to stand out at tryouts!  
Dates: **Sun July 14 – Sun July 21 – Sun July 28** ... \$10 per clinic.  
**Grades 09-10 - 8:30a-10:00a** ... **Grades 11-12 – 6:00p-7:30p**

### YOUTH/JUNIORS PROGRAMS (SEASONAL)

#### Lava Lite Program ... Rising Grades 03-06

The Summer Session of our popular Lite Program at LAVA North runs over eight weeks (July-August). Court #01 – Beginner/Int players. Court #2 – Int/Advanced.

##### **Court #01 ... Beginner/Intermediate Players**

Sundays @ North Facility • 10:00a-11:30a • 7/7-8/25 (8 wks) • \$120

##### **Court #02 ... High Intermediate/Advanced Players**

Sundays @ North Facility • 10:00a-11:30a • 7/7- 8/25 (8 wks) • \$120

More info: [lavacademy.com/lava-lite-north](http://lavacademy.com/lava-lite-north)

#### Juniors Program ... Rising Grades 07-09

The Summer Session of our Juniors Program runs eight (8) weeks as follows:

Sundays @ North Facility • 11:30a-1:00p • 7/7-8/25 (8 wks) • \$120

More info: [lavacademy.com/lava-juniors-north](http://lavacademy.com/lava-juniors-north)

#### SPECIAL – SUMMER CAMPS FOR LITE & JUNIORS

**Summer Camp – Lite** ... July 09-11 ... 600p-800p ... Grades 03-06 ... \$95

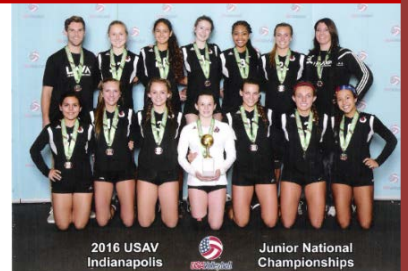
**Summer Camp – Juniors** ... July 23-25 ... 600p-800p ... Grades 07-09 ... \$95

#### Have Questions? Contact Our Directors!

Contact Kristin Dolan at [kristindolan.lava@gmail.com](mailto:kristindolan.lava@gmail.com) or 661-713-5123 or Mary Irlilian at [maryjkeen@att.net](mailto:maryjkeen@att.net) or 661-312-9682.



*LAVA North 16 Adidas won Gold at the USA Volleyball Junior National Championships in June of 2016. It was the first National Title for LAVA North.*



2016 USAV Indianapolis Junior National Championships

### OUR LAVA NORTH PROGRAM

LAVA NORTH is an elite club volleyball program that values the development of athletes while balancing a competitive spirit with a fun environment. Recent season highlights include:

- # - GOLD MEDAL - '16 USAV Junior Nationals, 16's Division
- # - SILVER MEDAL - '17 USAV Junior Nationals, 17's Division
- # - Top 15 Finish, SoCal Region (265 teams), 16 Adidas

Our phenomenal coaching staff is pumped to get back in the gym this summer to work with our North athletes – and those interested in becoming North athletes. Come see for yourself what LAVA North is all about and take advantage of the many summer offerings on our schedule. See you in the gym!

**Lava North Facility** ... Exclusive two-court, wood floor training space houses all offerings. **28325 Constellation Rd, Santa Clarita**

**RISING = PLAYER GRADE FOR 2019-2020 SCHOOL YEAR**

### SMBC North Boys Summer Clinics

**Wednesdays ... 9:00a-10:30a ... \$10 per session**

SMBC Boys is the brother club of LAVA Girls. SMBC North is excited to launch boys summer clinics focused on skills training.

June 12 - Serve and Pass	July 10 - Swing Hitting
June 19 - Setting/Hitting	July 17 - Blocking/Transition
June 26 - Defense	July 24 - Ball Control

### SMBC North Open Gym

**Sundays ... 7:30p-8:45p ... \$5 per session**

Come and play, come and compete! 3v3, 4v4, 5v5!  
Receive Feedback on a specific skill set in a game like situation.  
Take advantage of this opportunity to be in the gym and compete. June 16<sup>th</sup> Through July 18<sup>th</sup> \*No Open Gym July 7<sup>th</sup>

**SIGN UP ONLINE @ [LAVACADEMY.COM/SUMMER-NORTH](http://LAVACADEMY.COM/SUMMER-NORTH)**

**NORTH**  
LAVA NORTH VOLLEYBALL CLUB - SANTA CLARITA, CA

